



Hospital Bag Checklist - Mum

Get ready for the arrival of your little one with our hospital bag checklist, a handy guide to all the essentials and little extras you'll need for the big day.

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|--|--|
| <input type="radio"/> Nightwear -
for birth & after | <input type="radio"/> Lip balm |
| <input type="radio"/> Dressing gown | <input type="radio"/> Nipple cream |
| <input type="radio"/> Underwear | <input type="radio"/> Pillow |
| <input type="radio"/> Nursing bra | <input type="radio"/> Hair bands |
| <input type="radio"/> Slippers | <input type="radio"/> High energy snacks |
| <input type="radio"/> Socks | |
| <input type="radio"/> Going home clothes | |
| <input type="radio"/> Flannels | |
| <input type="radio"/> Breast Pads | |
| <input type="radio"/> Toiletries | |
| <input type="radio"/> Maternity pads | |
| <input type="radio"/> Maternity notes
Birthing plan | |





Hospital Bag Checklist - Baby

Get ready for the arrival of your little one with our hospital bag checklist, a handy guide to all the essentials and little extras you'll need for the big day.

- | | |
|---|---|
| <input type="radio"/> Bodysuits | <input type="radio"/> Milk |
| <input type="radio"/> All in ones | <input type="radio"/> Nappies |
| <input type="radio"/> Baby blanket | <input type="radio"/> Wipes |
| <input type="radio"/> Muslin squares & bibs | <input type="radio"/> Nappy sacks |
| <input type="radio"/> Scratch Mittens | <input type="radio"/> Cotton wool pads |
| <input type="radio"/> Socks | <input type="radio"/> Towel and Flannel |
| <input type="radio"/> Hat | |
| <input type="radio"/> Outfit | |
| <input type="radio"/> Cardigan/Coat | |
| <input type="radio"/> Car Seat | |
| <input type="radio"/> Changing Bag | |
| <input type="radio"/> Bottles | |





Hospital Bag Checklist - Other

Get ready for the arrival of your little one with our hospital bag checklist, a handy guide to all the essentials and little extras you'll need for the big day.

- ☐ Phone Charger
 - ☐ Camera
 - ☐ Snacks
 - ☐ Magazine
 - ☐ Tablet
 - ☐ Pen
 - ☐ Change of clothes for dad
 - ☐ Outfit
 - ☐ Cardigan/Coat
 - ☐ Car Seat
 - ☐ Changing Bag
 - ☐ Bottles
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