



Hospital Bag Checklist - Mum

Get ready for the arrival of your little one with our hospital bag checklist, a handy guide to all the essentials and little extras you'll need for the big day.

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|---|---|
| <input type="checkbox"/> Nightwear - for birth & after | <input type="checkbox"/> Lip balm |
| <input type="checkbox"/> Dressing gown | <input type="checkbox"/> Nipple cream |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Nursing bra | <input type="checkbox"/> Hair bands |
| <input type="checkbox"/> Slippers | <input type="checkbox"/> High energy snacks |
| <input type="checkbox"/> Socks | |
| <input type="checkbox"/> Going home clothes | |
| <input type="checkbox"/> Flannels | |
| <input type="checkbox"/> Breast Pads | |
| <input type="checkbox"/> Toiletries | |
| <input type="checkbox"/> Maternity pads | |
| <input type="checkbox"/> Maternity notes
Birthing plan | |





Hospital Bag Checklist - Baby

Get ready for the arrival of your little one with our hospital bag checklist, a handy guide to all the essentials and little extras you'll need for the big day.

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|--|--|
| <input type="checkbox"/> Bodysuits | <input type="checkbox"/> Milk |
| <input type="checkbox"/> All in ones | <input type="checkbox"/> Nappies |
| <input type="checkbox"/> Baby blanket | <input type="checkbox"/> Wipes |
| <input type="checkbox"/> Muslin squares & bibs | <input type="checkbox"/> Nappy sacks |
| <input type="checkbox"/> Scratch Mittens | <input type="checkbox"/> Cotton wool pads |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Towel and Flannel |
| <input type="checkbox"/> Hat | |
| <input type="checkbox"/> Outfit | |
| <input type="checkbox"/> Cardigan/Coat | |
| <input type="checkbox"/> Car Seat | |
| <input type="checkbox"/> Changing Bag | |
| <input type="checkbox"/> Bottles | |





Hospital Bag Checklist - Other

Get ready for the arrival of your little one with our hospital bag checklist, a handy guide to all the essentials and little extras you'll need for the big day.

- Phone Charger
 - Camera
 - Snacks
 - Magazine
 - Tablet
 - Pen
 - Change of clothes for parent
 - Outfit
 - Cardigan/Coat
 - Car Seat
 - Changing Bag
 - Bottles
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